

## Manicure

**Express Manicure** 30 mins £20.00  
Nail Grooming, Cuticle Tidy, Exfoliating, Buff & mini hand massage, OPI Nail Polish or Gelish Gel

## Luxury Manicure

**Gel & Paraffin Wax** 60 mins £40.00  
Nail Grooming, Cuticle Tidy, Exfoliating, Buff & hand massage

**Gel Polish** 10 mins £8.00

## Pedicure

**Express Pedicure** 30 mins £25.00  
Foot soak, Nail grooming, Exfoliating, Mini foot massage with OPI nail Polish or Gel Polish

**Luxury Pedicure** 60 mins £45.00  
Gel or OPI nail Polish with Paraffin Wax Foot soak, Nail grooming, Exfoliating, Foot massage

**Express Pedicure & Manicure** 60 mins £40.00  
Soak, Nail Grooming, Mini Massage OPI or Gel Polish

**Luxury Pedicure & Manicure** 120 mins £70.00  
Soak, exfoliating, Nail grooming, Massage, Paraffin Wax, OPI or Gel Polish

## Facials

**Mini Facial** 30 mins £27.00  
Mini deep cleansing facial with Steam. Relax & enjoy your facial in a warm & peaceful atmosphere. Our deep cleansing TROPIC organic & vegan products will leave your face clean & fresh

**Deep Cleansing Facials** 60 mins £50.00  
Deep cleansing facial with Extraction. Experience 60 mins of pure bliss & relaxation with a choice of vegan & organic TROPIC products. Our perfume FREE products are great for any skin type leaving your face clean of impurities with the benefits of face & neck massage.



## Venus Legacy™ Advanced Solution for FACE AND BODY

- ✓ Radio Frequency
- ✓ Tighten Loose Skin
- ✓ Cellulite Reduction
- ✓ Lymphatic Drainage
- ✓ Fat Reduction
- ✓ Tighten Jawline
- ✓ Chin and Decolletage
- ✓ Reduce Fine Lines 'Puffy eyes'
- ✓ Reduce Open Pores

Body	Time	Price
1 Session	20 mins	£70.00
3 Sessions	20 mins	£175.00
6 Sessions	20 mins	£320.00
8 Sessions	20 mins	£410.00

**8 Sessions recommended for best results**

Face	Time	Price
1 Session	20 mins	£75.00
3 Sessions	20 mins	£195.00
6 Sessions	20 mins	£380.00
8 Sessions	20 mins	£479.00

(Add £20 per Session for Neck Treatment)  
(Face and Neck Treatment combined is 30 mins)

**Don't wait until your skin/face is starting to show the signs of ageing**



## PRICE LIST

**OPENING TIMES**  
Mon - Sat 10am - 7pm

173 High Street, Barkingside, IG6 2AJ  
**0208 087 3005**  
info@freedas.co.uk | www.freedas.co.uk

**AT FREEDA HAIR & BEAUTY**  
We pride ourselves in using the highest quality of either Vegan or Organic Products for our Pedicure and Manicure leaving your hands and feet feeling pampered.

